



CENTRAL SHENANDOAH HEALTH DISTRICT

WEEKLY COVID-19 UPDATE & CLINIC INFORMATION

SEPTEMBER 10, 2021

NEW THIS WEEK!

PALMER COMMUNITY CENTER ICE CREAM SOCIAL & COVID-19 VACCINE CLINIC



Central Shenandoah Health District is hosting a COVID-19 vaccine clinic at the Palmer Community Center Ice Cream Social in Lexington on September 12 from 3-6pm! Walk-ins welcome, or make an appointment ahead of time on vase.vdh.virginia.gov.

Pfizer, Moderna and Johnson & Johnson vaccines are available for anyone 12 and up.

Visit our Facebook event for more information and directions to the event:

<https://fb.me/e/26qF9PYWz>

Skip the line and make an appointment!

CENTRAL SHENANDOAH HEALTH DISTRICT **COVID-19 DATA**

Case Trends

The chart below illustrates the rate of cases throughout the Central Shenandoah Health District over the last 90 days.

Number of New Cases Reported^

218

7-Day Average Number of Daily New Cases Reported

213

7-Day Average Number of New Daily Cases Reported, Rate per 100,000 Population

70.6

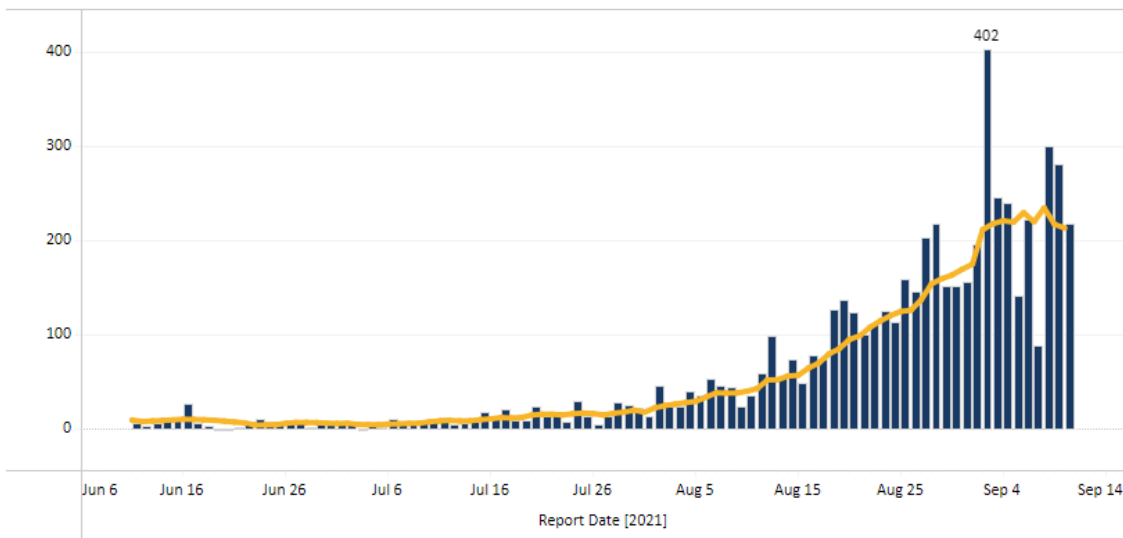
Total Number of New Cases per 100,000 Population within last 14 days

999.6

Report Date Daily Cases Counts for past 90 Days
Multiple Localities

Select Date Range (Affects Bar Chart)

Past 90 Days



Case Data Breakdown

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#).

	7-Day Average Number of Daily New Cases Reported	Total Cases	Total Hospitalizations	Total Deaths
Rockingham County	37	7,983	483	117
Harrisonburg City	38	7,373	217	96
Augusta County	89	8,272	232	92
Staunton City	12	2,925	92	73
Waynesboro City	10	2,797	83	39
Rockbridge County	10	1,782	63	50
Lexington City	7	1,374	30	33
Buena Vista City	5	1,034	29	22
Bath County	2	331	12	11
Highland County	2	137	1	1
Totals:	212	34,008	1242	534

Vaccination Rates

You are considered to be fully vaccinated 2 weeks after your second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

In the Central Shenandoah Health District, vaccination percentages are broken down by locality and city below:

	Percentage of Population receiving one dose	Percentage of Population fully vaccinated	Percentage of Adults receiving one dose	Percentage of Adults fully vaccinated
Rockingham County	50.3	45.8	60.4	55.2
Harrisonburg City	50.1	45.1	56.4	50.9
Augusta County	53.1	48.9	61.9	57.3
Staunton City	61.9	56.2	72.2	66.0
Waynesboro City	57.6	52.1	70.6	64.5
Rockbridge County	55.1	50.2	63.2	58.1
Lexington City	51.8	47.5	56.5	51.9
Buena Vista City	51.9	46.3	62.2	55.8
Bath County	52.6	46.2	60.3	53.1
Highland County	54.4	51.6	61.6	58.6
Totals:	53.9	49.0	62.5	57.1

Data Sources - Find out more!

The Virginia Department of Health maintains a COVID-19 dashboard containing case, vaccination and transmission data. To find out more about this data and how it is collected, click the link below!

Visit the VDH COVID-19 Data
Dashboard

COVID-19 MITIGATION



Vaccination is our number one line of defense in defeating COVID-19. All COVID-19 vaccines approved and authorized in the United States are safe, effective and free. **The Central Shenandoah Health District encourages everyone who is eligible to receive the COVID-19 vaccine do so as soon as possible!**

In addition to vaccination, layering other public health mitigation measures can keep you and your family safe! This can include:

- **Masking up in areas of high transmission**, even if you have already been vaccinated. Currently, the majority of localities throughout the state are in a state of substantial to high transmission. Read more about transmission [here](#).
- **Practice physical distancing (also known as social distancing)**, and stay 6 feet apart from others. It is a way to slow the spread of COVID-19 by reducing close contact between people. The closer you are to other people who are not fully vaccinated and the more time you spend with those people, the higher the risk of COVID-19 spread.
- **Wash your hands often with soap and water for at least 20 seconds.** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, rubbing your hands together for at least 30 seconds until they are dry.

Read more about COVID-19 Mitigation Best
Practices

STATEMENT REGARDING THIRD DOSES OF COVID-19 VACCINE

Central Shenandoah Health District has started providing 3rd dose mRNA shots (Pfizer and Moderna) for immunocompromised persons immediately. CSHD currently offers 3rd dose mRNA COVID-19 vaccine shots at all mRNA COVID-19 vaccine clinics. Eligible persons can schedule their 3rd dose mRNA shots with the Central Shenandoah Health District by going to vaccineappointments.virginia.gov. Walk-in appointments are available at some clinics as well. Appointments are preferred. CSHD expects to be able to meet the local demand for 3rd dose mRNA

shots for eligible persons. At this time, additional doses of Johnson & Johnson OR a dose of an mRNA vaccine is not recommended individuals who received the one-shot Johnson & Johnson vaccine.

WHAT'S THE DIFFERENCE BETWEEN A THIRD DOSE AND A BOOSTER SHOT?

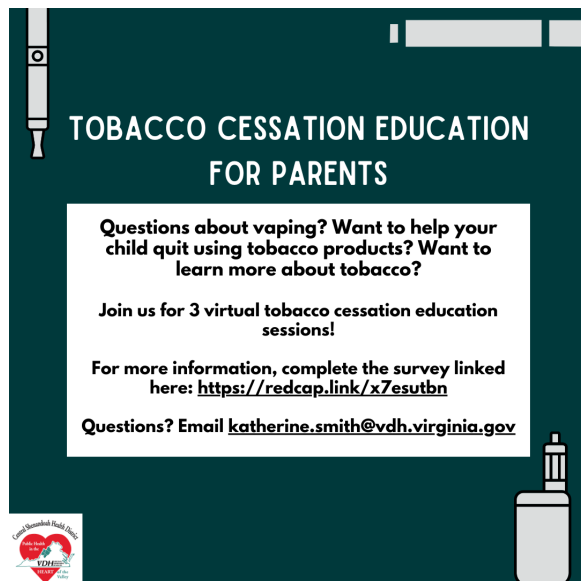
COVID-19 Vaccine 3rd Dose

- **Purpose:** To improve immunocompromised people's immune response to the 1st and 2nd doses; a 3rd dose is now recommended as part of the COVID-19 vaccine series for people who are immunocompromised. A 3rd dose is helpful for people who are immunocompromised because their initial immune response to the 1st and 2nd doses may not have provided them with strong enough protection like it did for people who are not immunocompromised.
- **Who:** Immunocompromised People
- **When:** At least 28 days (or later) after the 2nd dose.
- **Availability:** CSHD is currently providing 3rd dose vaccine appointments to the people who are immunocompromised and were vaccinated with an mRNA vaccine (Moderna or Pfizer).

COVID-19 Vaccine Booster Shot

- **Purpose:** To boost the immunity of people who are not immunocompromised as the strong protection developed from the 1st and 2nd doses decreases over time.
- **Who:** General Public
- **When:** To be determined
- **Availability:** CSHD is waiting for further guidance on when to offer booster shots to the general public and who in the general public booster shots will be recommended for.
- **NOTE** - The FDA and CDC are still in the process of reviewing available information and making final decisions about the booster shot. Some of the booster shot information may be adjusted after final decisions are shared.

Health Education Corner



TOBACCO CESSATION EDUCATION FOR PARENTS

Questions about vaping? Want to help your child quit using tobacco products? Want to learn more about tobacco?

Join us for 3 virtual tobacco cessation education sessions!

For more information, complete the survey linked here: <https://redcap.link/x7esutbn>

Questions? Email katherine.smith@vdh.virginia.gov

Central Shenandoah Health District logo and a graphic of a cigarette and a vape pen.

Tobacco use is the leading cause of preventable disease, disability, and death in the United States. According to the Youth Risk Behavior Survey and the National Youth Tobacco Survey:

- 88% of adult daily cigarette smokers report first trying cigarette smoking before they were 18 years old
- 3.6 million youth use e-cigarettes (vapes, Juuls, etc.)
- 22.5% of high school students use e-cigarettes (vapes, Juuls, etc.) daily

Tobacco, e-cigarettes, vapes, Juuls, etc. contain nicotine and these statistics suggest that a large percentage of our high school students are dependent on nicotine.

There are many tools to help end this public health crisis like policy changes, education, and more.

As a community, we can start to address this public health crisis by educating parents about addiction and giving them the tools they need to help their children end their dependence on Nicotine products. It is important to show our children compassion as we guide them on their journey to quit tobacco use.

The Central Shenandoah Health District is excited to offer a three session Tobacco Cessation Education Program. If you are interested in learning more about this program, please complete the survey linked here: <https://redcap.link/6uvdfs8v>

This program is open to anyone interested in learning about tobacco products and tools to quit. If you have any

COVID-19 VACCINE CLINICS

Click the button below for a full list of COVID-19 vaccine clinics happening in the Central Shenandoah Health District. The clinics are separated by region. Please note that the Pfizer vaccine is approved for ages 12+ and the Moderna and Johnson & Johnson vaccines are approved for ages 18+. These schedules are subject to change

You can register for these clinics at vase.vdh.virginia.gov.

View the COVID-19 Community
Calendars

We also continue to partner with organizations throughout the district to provide access to COVID-19 vaccines. Visit the websites below for COVID-19 vaccine clinics operated by our community partners!

- Augusta Health: <https://vaccinate.augustahealth.com/vaccine-appointments/>
- Carilion Rockbridge Community Hospital: <https://www.carilionclinic.org/covid-19-vaccine#latest-updates>
- Health Community Health Centers: <https://www.hburgchc.org/covid-19-2/>
- Rockbridge Area Health Center: <https://www.rockahc.org/coronavirus-covid-19-updates/>
- Sentra Rockingham Memorial Hospital: <https://www.sentara.com/harrisonburg-virginia/covid-19-information.aspx>

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FOR MORE INFORMATION ABOUT COVID-19, VISIT:
<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

